



SHIRA DANCE NEWS



DANCER OF THE WEEK:

MUSYA KALMENSON

NINGBO, CHINA

What is the most unique part about where you live?

We have a lot of pollution outside, and once in a while when the pollution number is very high we can't go outside unless we wear a mask.

What is your favorite dance move?

Gymnastics, especially the table.

Besides dance, what do you like to do?

Projects and crafts.

GAME CORNER

Find the Differences



FOR THE SHABBOS TABLE:

ASK HASHEM

In this weeks parsha, Parshas Shemos, a new פרעה arose in Mitzrayim that did not treat the Yiddin nicely. In fact, as time went on, the Yiddin were treated worse and worse. So the Yiddin cried out to Hashem to help them and save them from the horrible King of Mitzrayim. Of course, Hashem always listens when a Yid cries out to Him! Hashem then spoke to Moshe Rabbeinu through the burning bush and told him that he would be the one to take the Yiddin out of Mitzrayim. We learn that Hashem will always take care of us, but sometimes we have to make the extra effort to daven and cry out to Hashem from our heart. We should make an extra effort this week to ask Hashem for Moshiach now and we know He will answer us and we will all dance together to Yerushalayim!

TEVES
CONTEST

SEND A VIDEO OF A FRIEND OR FAMILY MEMBER DOING A DANCE MOVE THAT YOU LEARNED ONLINE