# SHIRA DANCE NEWS





### **DANCER OF THE WEEK:**

#### HENYA GRIESMAN STOLKHOLM, SWEDEN

What is the most unique part about where you live?

In the winter Shabbos is very early, we light candles at 2:30pm. And Shabbos finishes early so I can be by havdalah. In the summer, Shabbos goes out at midnight though, so I can't stay up for havdalah.

#### What is your favorite thing about dancing?

When you dance you learn a lot of new things and I like that.

## What is your favorite song you wish Shira would use for a dance?

Charasha by Benny Friedman

#### FOR THE SHABBOS TABLE: ALWAYS HAPPY

In this weeks parsha, Yosef reunites with his brothers after a long time. His brothers had not treated him nicely and the last time Yosef had seen them, they had sold him off. You would think that when Yosef sees them again, he might not be so quick to forgive them. Can you think of a time someone hurt you? Were you happy to forgive them? Instead, Yosef is not upset. In fact, he explains that everything is hashgacha protis and if his brothers had not sold him, he would not have been able to save the Jewish people. We must always remember that everything comes from Hashem and Hashem puts us exactly where we need to be to help fellow Yidden. Wherever in the world, Hashem put us there to take care of our fellow Yidden. Even if at sometimes we feel like there is no reason why we are living where we are, far away from other Yidden, we know Hashem has a bigger plan.

Now that we know this- we can always make sure to be b'simcha and keep dancing!

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| Y                          | S  | R    | Ρ | Υ  | С          | I     | N  | v  | Ε                            | L                           | I | М | S |  |
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|                            | <ul> <li>Ballet</li> <li>Online</li> </ul> |      |   |    |            |       |    |    | • Smile                      |                             |   |   |   |  |
| <ul><li>Computer</li></ul> |  |      |   |    |            | Fun • |    |    |                              | Creativity                  |   |   |   |  |
| • Dance •                  |  |      |   |    |            | Class |    |    |                              | • Family                    |   |   |   |  |
| •                          |  | ster |   | •  | Gymnastics |       |    |    | <ul> <li>Movement</li> </ul> |                             |   |   |   |  |
|                            |  |      | 5 |    |            |       |    |    |                              | <ul> <li>Shabbos</li> </ul> |   |   |   |  |

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